

WELCOME!
ENJOY YOUR MEAL!

Sweet
Pea's
CAFE

sharing good moments

OPEN DAILY UNTIL 3PM
SWEETPEASCT.COM

PAO DE QUEIJO SANDWICHES!!

A SWEET PEA'S ORIGINAL!!!
A SANDWICH MADE WITH OUR SPECIAL RECIPE OF A CLASSIC BRAZILIAN CHEESE BREAD MIXED WITH YUCCA FLOUR AND A BLEND OF CHEESES. CHOOSE THE FLAVORS OF YOUR CHOICE OF THE COMBINATIONS BELOW (EACH SANDWICH IS THE SIZE OF SLIDER).

2 SAVORY FOR \$13.75

3 SAVORY FOR \$15.75

3 SAVORY & 2 SWEET
FOR \$18.75

2 SAVORY & 1 SWEET FOR \$14.75

3 SWEET FOR \$12.25

SAVORY & SWEETS

B.E.C.

Scrambled eggs, bacon, Swiss
cheese

CARNITAS

Roasted pork and red
cabbage coleslaw

BIG BEN

Roast beef, arugula, onion
confit, peppercorn mayo

ITALIAN

Prosciutto, mozzarella,
arugula, and honey balsamic
glaze

ROMA

Mozzarella, spinach, roasted
tomato, zucchini

NORWEGIAN DIVE

Smoked salmon, cream
cheese, scallions

THE WEEKEND

Turkey, smashed avocado,
spinach

B&T

Bacon, lettuce, tomato

★ SP'S CHOICE

Scrambled eggs, avocado,
spinach, red peppers,
cheddar

TAJ MAHAL

Curry chicken salad and
lettuce

COMPLETE

Scrambled eggs, salmon,
bacon, cheddar, spinach

FARMER'S JAM NUTELLA
DULCE DE LECHE

CLASSIC EGGS BENEDICT

Ham, homemade croissant, hollandaise sauce, with a
side of greens **15.50**

ITALIAN EGGS BENEDICT NEW

Prosciutto, Mozzarella, homemade croissant,
hollandaise sauce, with a side of greens **15.75**

SALMON EGGS BENEDICT NEW

Scottish smoked Salmon, homemade croissant,
hollandaise sauce, with a side of greens **18.75**

NEW UNIQUE

Two Pao de Queijos topped with two poached eggs,
bacon, asparagus, greens, & SP's cream sauce **15.25**

CLASSIC AVOCADO TOAST

Whole wheat toast, fried egg, asparagus & smashed
avocado served with greens **15.50**
*Salmon +3.25

GREEK AVOCADO TOAST NEW

Whole wheat toast, smashed avo, Feta cheese,
tomatoes, garbanzo beans, red onions, red peppers
and parsley served with greens **15.75**

FANCY AVOCADO TOAST

Whole wheat toast, smashed avo, white cheddar,
roasted asparagus and tomatoes, and a fried egg
served with greens. **15.75**

BREAKFAST

OMELETTE

Scallions, tomatoes, mushrooms & a side of
greens **13.25**
*Egg whites +2.00

SCRAMBLED!

Scrambled eggs mixed w/ chopped bacon & swiss,
whole wheat toast **12.75**
"veggie option" spinach, peppers & Swiss cheese +\$2

FRENCH TOAST

Sweet Pea's famous homemade cinnamon roll served w/
fresh fruit, bacon, maple syrup **15.25**

HAM, EGG & CHEESE CROISSANT

Homemade croissant, ham, fried egg, cheddar, greens &
SP's delicious cream sauce **14.75**

TRIPLE STACK PANCAKES

Fresh fruit, powdered sugar and your choice of plain,
blueberry or chocolate chip pancakes **13.00**
*gluten-free + 2.00

OLD FARMER'S BREAKFAST

An Old Greenwich favorite! Two fried eggs, bacon, your
choice of plain, blueberry or chocolate chip
pancakes **15.25**
*gluten-free + 2.00

SIDES

Avocado Spread +3.75 1/2 Avocado +3.75 Bacon +3.75
Smoked Salmon +4.75 Side of Roasted Vegetables +\$4.00

Let us know if you would like something else!

CONSUMPTION OF RAW OR UNCOOKED MEAT, SEAFOOD, EGGS OR POULTRY MAY BE HAZARDOUS TO YOUR HEALTH. PLEASE ALERT OUR STAFF OR MANAGER OF ANY ALLERGIES.

HEALTHY, FRESH AND DELICIOUS

AÇAÍ BOWL

A native fruit from the Amazon rain forest, rich in antioxidants.

A delicious mix for a morning boost! please choose any of the tops below. **9.5**

Dark chocolate, coconut, granola, roasted almonds, banana & berries, Greek yogurt

HOMEMADE GRANOLA WITH GREEK YOGURT

A flavorful mix of oats, apricots, almonds, sunflower seeds, golden raisins, maple syrup and fresh fruit **9.25**

MANGO BOWL

a refreshing natural mango smoothie **9.5**

Dark chocolate, coconut, granola, roasted almond, banana & berries, Greek yogurt

FRUIT BOWL

Assortment of seasonal mixed fruits **8.75**
*Small cup \$4.00



SALADS & BOWLS

CALIFORNIA SALAD

Cauliflower, avocado, quinoa, walnuts, green apples, ricotta, tomatoes, greens **15.25**

SWEET PEA'S SALAD

Avocado, feta, peas, garbanzo beans, quinoa, strawberries, croutons, tomatoes, greens **15.00**

VENICE BEACH SALAD

Spinach, roasted tomatoes, zucchini, Brussels sprouts, avocado, mozzarella, croutons, and honey balsamic glaze **15.25**

GRAND PALAIS SALAD

Citrus marinated chicken, red peppers, garbanzo beans, corn, asparagus, fennel, croutons, tomatoes, greens **16.00**

CURRY CHICKEN SALAD

Homemade curry chicken, spinach, almonds, raisins, croutons, tomatoes, greens **17.50**

BURRATA SALAD

Burrata, green apples, spinach, tomatoes, arugula, pine nuts, croutons, honey balsamic glaze **16.25**

INDIA BOWL

Curry chicken salad, almonds, spinach, pão de queijo **15.00**

MORNING BOWL

Avocado, spinach, pine nuts, tomatoes, zucchini, parsley, quinoa, poached egg, pão de queijo **13.75**

AVOCADO BOWL

Avocado, poached egg, garbanzo beans, parsley, scallions, roasted almonds, tomatoes, pão de queijo **13.75**

BACON BOWL

Avocado, bacon, red onions, corn, fried egg, tomatoes, asparagus, pão de queijo **13.75**

SANDWICHES

MOZZARELLA, BASIL & TOMATO PANINI

Served with mixed green salad **14.50**

HAM & CHEESE PANINI

Served with mixed green salad **14.75**

ROASTED VEGGIE PANINI

Served with mixed greens **14.75**

FRENCH DIP NEW

Roast beef, swiss cheese, caramelized onions with a delicious au jus, served with mixed greens **15.25**

TURKEY CLUB

Turkey, bacon, lettuce, tomato & our divine mustard mayo on your choice of bread **14.75**



OUR NEW CHICKEN SANDWICHES

DONE WITH OUR DELICIOUS CITRUS GINGER MARINATED CHICKEN

CHICKEN AVO SANDWICH NEW

With avocado, tomatoes, green salad and mustard mayo. Simple and perfect! **17.75**

CHICKEN AMORE SANDWICH NEW

Mozzarella, roasted zucchini, red onions, artisan lettuce, mustard mayo **17.50**

CHICKEN MASTER SANDWICH NEW

Prosciutto, Mozzarella, tomatoes, artisan salad, mustard mayo and balsamic reduction. **18.00**

CHICKEN BACON SANDWICH NEW

Avocado, bacon, tomato, greens, and mustard mayo. **18.50**

*All chicken sandwiches served on ciabatta bread please inform your server if you would like a substitution.

ADD CITRUS MARINATED CHICKEN +5.50 SMOKED SALMON +4.75

ANY QUESTIONS OR SUGGESTIONS PLEASE CONTACT HELLO@SWEETPEASCT.COM